

Strengths Workshops –Winter 2024

Putting Your Strengths to Work – Wed Jan 17, 6:00-7:00pm, Online (Zoom)

Strengths-Based Goal-Setting – Thurs Jan 25, 12:30-1:30pm, UCC 210

Intro to Your Strengths – Tues Jan 30, 12:30-1:30pm, UCC 147AB

Building a Strengths-Based Team – Mon Feb 5, 6:00-7:00pm, Weldon Library Community Room

Strengths in Action: Learning From Failure – Thurs Feb 29, 12:30-1:30pm, UCC 210

Intro to Your Strengths – Wed Mar 6, 4:30-5:30pm, UCC 210

Strengths 2.0: Career Exploration – Thurs Mar 14, 12:30-1:30, UCC 147AB

Strengths and Well-being – Wed Mar 20, 12:30-1:30, UCC 147AB



Register now at: connect.uwo.ca

Access to the CliftonStrengths assessment included with registration